

# FORT LEE DEPARTMENT OF RECREATION WINTER 2017 BROCHURE

## IMPORTANT – PLEASE READ THE FOLLOWING REGISTRATION PROCEDURES

Payment for classes: Check, money order, or cash only (exact change is appreciated)

Registration takes place at the Fort Lee Recreation Center, at 1500 8<sup>th</sup> Street (the bottom of Stillwell Avenue). Our office number is 201-592-3612.

**Registration for Winter 2017 classes is as follows:**

Initial registration for FORT LEE RESIDENTS only will take place Saturday, January 7<sup>th</sup> and Sunday, January 8<sup>th</sup> from 2:00 P.M. – 5:00 P.M. Numbers will be assigned upon order of arrival. No one will be allowed to register for more than one individual outside his or her family.

### NON-RESIDENTS WILL BE ABLE TO REGISTER FOR ANY AVAILABLE CLASSES BEGINNING TUESDAY, JANUARY 17<sup>th</sup>.

DUE TO AN OVERLAP OF AGES, REGISTRATION FOR “MAD SCIENCE FOR JUNIORS,” “INTRODUCTION TO BALLET” AND “ABRAKADOODLE – A WINTER WONDERLAND” WILL BEGIN ON SATURDAY DURING PRE-SCHOOL PROGRAM REGISTRATION.

SATURDAY, JANUARY 7<sup>th</sup> Fort Lee residents may register for all **Pre-K Classes** listed below. No registrations for K-12 or Adult Classes will be accepted during this time!

ABRAKADOODLE – WINTER WONDERLAND  
ABRAKADOODLE – MINI DOODLER  
ABRAKADOODLE – TWOOSY DOODLER  
BONNIE BLU INTRODUCTION TO BALLET  
BONNIE BLU TINY DANCERS  
CREATIVE TOTS  
GETTING READY FOR TWO YEAR OLDS  
GETTING READY FOR THREE YEAR OLDS  
HAPPY PIANO

JULIE’S MUSIC APPRECIATION  
KIDZ “MUSIKAL” PRESCHOOLERS  
KIDZMUSIK FOR TINYTOTS  
MAD SCIENCE FOR JUNIORS  
MOMMY AND ME PLAY ART  
SOCCER ELEMENTS  
SOCCER SIPS  
USSI SPORT SQUIRTS  
YOGA FOR MOMMY AND ME

SUNDAY, JANUARY 8<sup>th</sup>: Fort Lee residents may register for all K – 12 and Adult Programs, as well as any Pre-K programs that still remain available.

NO REGISTRATIONS WILL BE ACCEPTED ON MONDAY, JANUARY 9<sup>th</sup> .

REGISTRATION WILL RESUME WEEKDAYS, STARTING TUESDAY, JANUARY 10<sup>th</sup> FROM 9:00 A.M. – 3:30 P.M. AT THE RECREATION OFFICE.

PLEASE NOTE: THE RECREATION OFFICE WILL BE CLOSED ON MONDAY, JANUARY 16<sup>th</sup> IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY

**\*\*\*REFUND POLICY\*\*\***

**REFUNDS WILL ONLY BE GIVEN PRIOR TO THE CLASS START DATE. NO REFUNDS/CREDITS WILL BE GIVEN ONCE A CLASS HAS STARTED. IN THE EVENT A CLASS IS CANCELLED DUE TO INSUFFICIENT REGISTRATION, PARTICIPANTS WILL RECEIVE A FULL REFUND.**

YOU MAY CHOOSE TO REGISTER AFTER A CLASS START DATE, HOWEVER, THE PRICE OF THE CLASS WILL NOT BE PRO-RATED.

Please Note: All registrants must be age appropriate by the time of the first scheduled class. Any registrants not age appropriate will be placed on a waiting list.

**If you have not registered with us before**, we will require the following information at the time of registration: Name of participant, Address, Home Telephone Number, Emergency Telephone Number, School, Proof of Age (**Birth Certificate or Passport**), and Proof of Residency (**ONLY a lease, deed, property tax bill, maintenance agreement, most recent cancelled maintenance check, most recent cancelled rent check, a Community Center Identification Card, or a valid drivers license will be accepted**).

**We encourage anyone who has not previously registered with us to come into the office to be placed in our computer system before the first day of registration. Please be sure to bring in all necessary information as listed above. Doing this will expedite the registration procedure.**

**WINTER PROGRAM FACILITIES**

Recreation Office / Recreation Center  
1500 8<sup>th</sup> Street - Bottom of Stillwell Avenue  
(201) 592-3612

Youth Center  
2265 Lemoine Avenue  
(201) 592-3755

Jack Alter Community Center  
1355 Inwood Terrace  
201-592-4699

**FORT LEE RECREATION DEPARTMENT WEBSITE**

The Borough of Fort Lee has an official website on the Internet: [www.fortleenj.org](http://www.fortleenj.org). Just click the Recreation Department link in order to view our seasonal bulletins, facilities, and other information.



Like us on Facebook – Fort Lee Recreation

# PRE-K PROGRAMS

## ABRAKADOODLE® “A WINTER WONDERLAND OF ART”

Tuesday: 3:45 – 4:45 P.M.  
Ages: 4 – 6 years  
Session: 8 weeks

Location: Youth Center  
Begins: January 24<sup>th</sup>  
Limit per class: 12  
Fee: \$130.00\*

**\*\*\*Please note: Due to an overlap of ages, registration for this class begins Saturday, January 7<sup>th</sup>**

If your child loves to draw, color and paint – our Winter Wonderland of Art will delight them with “frosty” artistic fun! The children will learn how to draw a winter fox, sculpt animals from clay, create landscapes with “cool” paint-splatter techniques and so much more. Dress for messy fun!!!!

**\*CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

## ABRAKADOODLE® MINI-DOODLER – “OUT OF THIS WORLD ART”

Wednesday 10:45 A.M. – 11:30 A.M. begins January 25<sup>th</sup>  
Saturday: 11:15 A.M. – 12:00 P.M. begins January 28<sup>th</sup>  
Ages: 3 – 5 years

Location: Youth Center  
Limit per class: 10  
Session: 8 weeks  
Fee: \$115.00\*

Come create and paint art that’s “out of this world”! Experiment with clay and other textiles to make mixed media snowmen sculptures, paint fancy penguins and winter birds, design a universe of robots and so much more! All paints are washable! Dress for messy fun!

**\* CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

## ABRAKADOODLE® TWOOSY DOODLER – “OUT OF THIS WORLD ART”

Wednesday: 9:45 A.M. – 10:30 A.M. begins January 25<sup>th</sup>  
Saturday: 10:15 A.M. – 11:00 A.M. begins January 28<sup>th</sup>  
Ages: 18 months – 3 years (with caregiver)

Location: Youth Center  
Limit per class: 10  
Session: 8 weeks  
Fee: \$115.00\*

Fun art times are here with our all-new 8-week winter session. Your artistic tot will learn to explore and develop their fine motor skills while crafting silly snowmen sculptures, shiny robots, “icy” polar bear paintings and much more! All paints are washable! Dress for messy fun!

**\* CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

## **BONNIE BLU - INTRODUCTION TO BALLET**

Tuesday: 4:30 – 5:10 P.M. (large room – limit 20) Location: Recreation Center  
5:15 – 5:55 P.M. (small room – limit 15) Begins: January 24<sup>th</sup>  
Ages: 4 - 6 years Fee: \$90.00\*  
Session: 8 weeks

**\*\*\*Please note: Due to an overlap of ages, registration for this class begins Saturday, January 7<sup>th</sup>.**

Your little ones will begin to learn all the ballet basics including positions, turns and combinations to a selection of music from Disney classics. A perfect beginning for the future prima ballerina! Ballet flats are suggested for this class. Classes are taught by instructors from Bonnie Blu Dance.

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

## **BONNIE BLU - TINY DANCERS**

Tuesday: 3:45 – 4:25 P.M. Location: Recreation Center  
Ages: 3 – 5 years Begins: January 24<sup>th</sup>  
Session: 8 weeks Class Limit: 20  
Fee: \$90.00\*

The perfect beginning for your little dancer! This class introduces children to basic jazz and ballet movements. Dance routines incorporate singing to make this a complete and fun musical experience for your little one. Instructors from Bonnie Blu Dance

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

## **CREATIVE TOTS**

Monday: 2:00 – 2:45 P.M. Location: Youth Center  
3:00 – 3:45 P.M. Begins: January 23<sup>rd</sup>  
Ages: 4 - 5 years Limit per Class: 8  
Session: 8 weeks Fee: \$25.00

This program is a creative, interactive art class designed to develop artistic skills and build confidence. Drawing, collage, watercolor and tempera painting will be introduced. Instructor: Dina Pappas.

Please note: **Children should bring a smock to each class.**

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## **“GETTING READY” FOR TWO YEAR OLDS MOMMY AND ME CLASS**

Thursday: 9:30 – 10:30 A.M. Location: Youth Center  
10:45 - 11:45 A.M. Begins January 26<sup>th</sup>  
Ages: 2 years Limit per class: 8  
Session: 8 weeks Fee: \$40.00

This exciting class is perfect for you and your little one to experience the joys of play, learning and making new friends! “Getting Ready” will enable your toddler to develop a sense of mini-independence through games, stories, and the use of age-appropriate crafts. And the best part is you, as a parent or caregiver, get to join in the fun with your little one! Instructor: Dina Pappas

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

**“GETTING READY” FOR THREE YEAR OLDS**  
**MOMMY AND ME CLASS**

Friday:	10:00 – 10:50 A.M. 11:00 – 11:50 A.M.	Location: Youth Center
Ages:	3 years	Begins: January 27 <sup>th</sup>
Session:	8 weeks	Limit per class: 8 Cost: \$40.00

Your preschooler will start to “get ready” for “real school” with this class. Children will learn to interact with each other, and their parent/caregiver, while learning basic concepts and skills. Colors, letters, and number recognition will be introduced, as well as singing, arts and crafts, puzzle-solving and of course, play! Children will learn and build their confidence, enhance cognitive skills and start to make new friends. Instructor: Dina Pappas

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

**THE HAPPY PIANO®**

Thursday:	1:00 – 1:45 P.M.	Location: Youth Center
Ages:	3 – 5 years	Begins: January 26 <sup>th</sup>
Session:	9 weeks	Class limit: 7
Fee:	\$150.00 for returning students from Fall 2016 \$185.00 for new students (includes a \$35 material fee that is charged once per school year)	

**\*\*\*Please note – this class may fill quickly due to returning fall students**

Parents – early piano will benefit your child now, and time and time again in the years to come. The piano is a powerful educational tool proven to be a foremost way of enhancing a young child’s higher brain function and critical thinking skills. PLUS it’s fun! Children learn to play familiar songs on the piano and foundations of music theory. An in class keyboard is provided for each child! Small class size means more individual attention!

Let Happy Piano show your child a love for music.

**\*CHECKS MUST BE MADE PAYABLE TO HAPPY PIANO**

**JULIE’S MUSIC APPRECIATION**

Friday:	9:15 – 10:00 A.M. (6 months – 3 years) 10:15 – 11:00 A.M. (6 months – 3 years)	Location: Jack Alter Community Center
Saturday:	10:15 – 11:00 A.M (6 months – 4 years)	Begins: Friday, January 27 <sup>th</sup> Saturday, January 28 <sup>th</sup>
Session:	8 weeks	Limit per class: 15
Fee:	\$100.00*	

This class will highlight the universal language of music. Parents and children will experience a wide variety of musical pieces and learn musical concepts such as dynamics, tempo, rhythm, tone and pitches. These classes are designed to expose children to a unique musical experience that will result in a greater appreciation for music.

**\* CHECKS MUST BE MADE PAYABLE TO JULIE SUNG**

**\*\*\*NEW CLASS**

**KIDZ “MUSIKAL” PRESCHOOLERS**

**\*\*\*NEW CLASS**

Monday:	1:00 – 1:45 P.M.	Location: Recreation Center
Ages:	3 ½ - 5 years	Begins: January 23 <sup>rd</sup>
Session:	8 weeks	Class Limit: 10 Fee: \$100.00

This brand new class is perfect for the child that loves music and loves to sing. In this extension of our Tinytots Kidzmusik class, the children will not only be singing but learning as well. Instruments from all over the world, like the harp, cello, ukulele and Caxixi drum will be introduced. Children will be offered take-home materials, as well as optional “fun homework”, to enhance their learning experience. \*\*\*Please note – this is not a “Mommy and Me” class but parents/caregivers are welcome to wait inside the Recreation Center until class is over.

**\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

## **KIDZMUSIK FOR TINYTOTS WITH “MR. JOE & CARMEN”**

Monday:	10:15 – 11:00 A.M.	Location: Recreation Center
Ages:	6 months – 4 years	Begins: January 23 <sup>rd</sup>
Session:	8 weeks	Class limit: 25
		Fee: \$100.00*

Children and adults alike will enjoy taking a musical journey with us into melody, harmony, and rhythm, where fun and enrichment are the ultimate goals! Our “tiny tots” will learn about the dynamics of tempo, pitch and timbre, play with age-appropriate musical instruments, dress in colorful costumes and dance and sing along with favorite characters like Elmo, Dora the Explorer, and Mickey Mouse! Join us for fun and leave with satisfaction in this all-inclusive musical adventure! **\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

## **MAD SCIENCE FOR JUNIORS** **“SUPER POWERED SUB-ATOMIC SCIENCE”**

Thursday:	4:00 – 4:45 P.M.	Location: Youth Center
Ages:	4 - 6 years	Begins: January 26 <sup>th</sup>
Session:	8 weeks	Class Limit: 20
		Fee: \$100.00*

**\*\*\*Please note: Due to an overlap of ages, registration for this class begins Saturday, January 7<sup>th</sup>**

Explore radical robots and build a robotic hand! Discover the wild side of animals and underwater life! Mix up some super science fun involving energy! Take apart “crazy” machines and build a catapult! Concoct some awesome chemistry experiments! All this and much more is in store for your child in this fun 8-week session.

**\*CHECKS MUST BE MADE PAYABLE TO MAD SCIENCE OF NORTHEAST NEW JERSEY**

## **MOMMY (or DADDY) AND ME** **PLAY ART CLASS**

Tuesday:	10:00 – 10:45 A.M.	Location: Youth Center
	11:00 – 11:45 A.M.	Begins: January 24 <sup>th</sup>
	12:00 – 12:45 P.M.	Limit per Class: 8
Ages:	2 & 3 years	Fee: \$25.00
Session:	8 weeks	

In this class, parents will help the children develop their artistic skills. Toddlers will be introduced to basic drawing, painting and collage work, as well as special projects geared to children’s stories and fairy tales. Each child must have a parent or adult caretaker present at class. Instructor: Dina Pappas

**Please note: Children, and perhaps adults, should bring a smock to each class.**

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## **SOCCER ELEMENTS**

Saturday:	10:00 - 10:45 A.M.	Location: Jack Alter Community Center
Ages:	4 & 5 years	Begins: January 28 <sup>th</sup>
Session:	7 weeks	Class Limit: 24
		Fee: \$85.00*

Soccer Elements is our next step program. While continuing in a fun environment, players will learn the key techniques of soccer including: dribbling, passing and shooting. This program is ideal for our 5 year olds and those 4 year-old children that are confident in group environments. Children should wear shorts or sweat pants, t-shirts, sneakers and shin guards.

**\*CHECKS MUST BE MADE PAYABLE TO: PROACTIVE SPORTS**

## **SOCCER SIPS**

Saturday: 9:00 – 9:45 A.M.  
Ages: 3 & 4 years  
Session: 7 weeks

Location: Jack Alter Community Center  
Begins: January 28<sup>th</sup>  
Class Limit: 24  
Fee: \$85.00\*

Soccer Sips is a dynamic, creative, non-competitive soccer program for pre- school children, ages 3 – 4 years. Trained coaches and pre- school professionals will offer a positive introduction to soccer in a friendly environment. All participants will receive a certificate at the session's end. Children should wear shorts or sweat pants, t-shirts, sneakers and shin guards.

**\*CHECKS MUST BE MADE PAYABLE TO: PROACTIVE SPORTS**

## **US SPORTS INSTITUTE** **TOTAL SPORT SQUIRTS**

Friday: 3:30 – 4:30 P.M.  
4:30 – 5:30 P.M.  
Ages: 3 - 5 years  
Session: 7 weeks

Location: Jack Alter Community Center  
Begins: January 27<sup>th</sup>  
Limit per class: 18  
Fee: \$139.00

Your child will love this exciting program as they are introduced to soccer, basketball, hockey, and more! The US Sports Institute brings a fun, non-competitive environment that encompasses hand/eye coordination, balance, and agility; all key factors to the early development of children in sport.

**\*CHECKS MUST BE MADE PAYABLE TO USSI**

## **YOGA FOR MOMMY AND ME**

### **NEW DAY**

**Wednesday:** 10:30 – 11:15 A.M.  
Ages: 18 months – 4 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 25<sup>th</sup>  
Limit per class: 20  
Fee: \$100.00\*

This class, taught by renowned Yoga therapist Margie Leal, offers a great bonding experience for mommies (or daddies) and their little one. Creativity, self-expression and fun are combined to bring the child (and their caregiver) some truly unique moments with engaging toddler-oriented themes. Tots and their chaperone are encouraged to take the opportunity to make up poses fitting the class theme, and express their experiences freely throughout the session in a gentle, nurturing setting.

**CHECKS MUST BE MADE PAYABLE TO MARGIE LEAL**

# K-12 CLASSES

## ABRAKADOODLE® “A WINTER WONDERLAND OF ART”

Tuesday: 3:45 – 4:45 P.M.  
Ages: 4 – 6 years  
Session: 8 weeks

Location: Youth Center  
Begins: January 24<sup>th</sup>  
Limit per class: 12  
Fee: \$130.00\*

**\*\*\*Please note: Due to an overlap of ages, registration for this class begins Saturday, January 7<sup>th</sup>**

If your child loves to draw, color and paint – our Winter Wonderland of Art will delight them with “frosty” artistic fun! The children will learn how to draw a winter fox, sculpt animals from clay, create landscapes with “cool” paint-splatter techniques and so much more. Dress for messy fun!!!!

**\*CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

## ABRAKADOODLE® DRAW AND PAINT

Tuesday: 5:00 – 6:00 P.M. begins January 24<sup>th</sup>  
Saturday: 12:15 – 1:15 P.M. begins January 28<sup>th</sup>  
Ages: Grades 1 - 5  
Session: 8 weeks

Location: Youth Center  
Class Limit: 12  
Fee: \$130.00

The creative fun continues for children who want to create amazing artwork! Join us, as we make use of “step by step” art projects, creating one-of-a-kind drawings and paintings. Our winter classes include cartoon drawings, animal art, some really cool seasonal winter landscapes and more! We will teach you all you need to know so that you can create impressive art – one step at a time! Dress for messy fun!

**\*CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

## BASKETBALL

Friday: 3:30 – 4:30 P.M.  
4:30 – 5:30 P.M.  
Ages: 5 and 6 years  
Session: 7 weeks

Location: Jack Alter Community Center  
Begins: January 27<sup>th</sup>  
Limit per class: 20  
Fee: \$139.00

The ideal class for children who want to learn and develop their skills in this dynamic and high energy game. The Basketball Squirts curriculum is designed to develop motor skills and improve technique through a series of fun basketball challenges and games. Using proportionately sized basketballs, participants will develop their skills in passing, dribbling, and shooting in a safe, relaxed, and fun environment.

**\* CHECKS MUST BE MADE PAYABLE TO USSI**

## BONNIE BLU BUBBLEGUM HIP HOP

Tuesday: 5:15 – 5:55 P.M.  
Ages: 6 – 9 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 24<sup>th</sup>  
Class Limit: 20  
Fee: \$90.00\*

Join us as we instruct your child in the “FUN”- damentals of dance. This class will feature great dance moves by incorporating music from today’s popular recording artists! We have the songs that “kids” love to dance to! Instructors from Bonnie Blu Dance.

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**



## **BONNIE BLU HIP HOP**

Tuesday: 6:00 – 6:40 P.M.  
Ages: 9 – 12 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 24<sup>th</sup>  
Class Limit: 20  
Fee: \$90.00\*

Learn entire dance routines, accompanied by the music of today's popular recording artists. This class is perfect for the dancer who wants to "go beyond" the basic dance routines! Instructors from Bonnie Blu Dance.

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

## **BONNIE BLU - INTRODUCTION TO BALLET**

Tuesday: 4:30 – 5:10 P.M. (large room – limit 20)  
5:15 – 5:55 P.M. (small room – limit 15)  
Ages: 4 - 6 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 24<sup>th</sup>  
Fee: \$90.00\*

**\*\*\*Please note: Due to an overlap of ages, registration for this class begins Saturday, January 7<sup>th</sup>.**

Your little ones will begin to learn all the ballet basics including positions, turns and combinations to a selection of music from Disney classics. A perfect beginning for the future prima ballerina! Ballet flats are suggested for this class. Classes are taught by instructors from Bonnie Blu Dance.

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

## **BONNIE BLU PRE-TEEN TAP**

Tuesday: 6:45 – 7:25 P.M.  
Ages: 9 – 12 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 24<sup>th</sup>  
Class Limit: 12  
Fee: \$90.00\*

This special request class has been added for our more mature "tapsters". Learn to enhance your coordination, combine that with rhythm and movement, add some great music and you start to enjoy all the rewards of Tap! Boys and girls, between the ages of 9-12, are welcome to join us as we "tap" our way into fun. Please note: tap shoes are required for this class. Instructors from Bonnie Blu Dance.

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

## **BONNIE BLU TAP**

Tuesday: 4:30 – 5:10 P.M.  
Ages: 6 - 8 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 24<sup>th</sup>  
Class Limit: 15  
Fee: \$90.00

Learn to "tap away" to the rhythm of your favorite songs with this exciting class! This exciting dance class is being offered to boys and girls from 6 – 8. Please note: tap shoes are required for this class. Classes are taught by instructors from Bonnie Blu Dance.

**\*CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

## CHESS

Tuesday: 4:50 – 5:50 P.M.  
Ages: Grades K – 5  
Session: 8 weeks

Location: Jack Alter Community Center  
Begins: January 24<sup>th</sup>  
Class limit: 30  
Fee: \$120.00\*

Chess is a complex game of strategy, incorporating elements of art, science, and sports! This intriguing game disciplines the mind and aids in the development of your logical thinking and abstract reasoning skills. Our beginner chess class, taught by instructors from the International Chess Academy, will incorporate all these qualities and teach your child the rules of the game, basic strategy, checkmate concepts and basic end-of-game principals. Join us this fall as we teach your child the intricacies of the “game of masters”!

**\*CHECKS MUST BE MADE PAYABLE TO I.C.A.**

**\*\*\*NEW CLASS**

### CREATIVE COOKING “THE BLACK BOX COOKING CHALLENGE”

**NEW CLASS\*\*\***

Wednesday: 4:15 – 5:00 P.M.  
Ages: Grades K – 4  
Session: 8 weeks

Location: Recreation Center  
Begins: January 25<sup>th</sup>  
Class limit: 20  
Fee: \$150.00\*

In this creative and hands-on class, our “junior chefs” will get to participate in their own exciting cooking contest just like you see on TV. Each child will be given a “black box” of “secret” ingredients at the beginning of every class and then create a meal – whether it be breakfast, lunch, dinner or snack! Once the timer stops they will take turns “judging” each other’s work based on creativity, presentation and of course – taste! Everyone is a winner in this class because the prize is tasting all the junior chefs culinary delights.

**\*CHECKS MUST BE MADE PAYABLE TO EDUCATION EXPLORERS**

## CREATIVE CRAFTS

Wednesday: 4:00 – 4:40 P.M. - Grades 1 - 2  
4:45 – 5:25 P.M. - Grades 1 - 2  
5:30 – 6:10 P.M. - Grades 3 - 5  
Session: 8 weeks

Location: Youth Center  
Begins: January 25<sup>th</sup>  
Limit per class: 10  
Fee: \$20.00

Snowflakes, hearts, and shamrocks all make an appearance and add to the frosty fun of our winter class. Crafts including cheery snowmen, cozy mittens, happy hearts, valentine hamsters and lucky leprechauns are just some of the exciting projects your “crafter” will enjoy making! Instructor: Kim Kellas

\*Please note: **Children should bring a smock to each class.**

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## CUPCAKE WORKSHOP

Thursday: 4:00 – 4:50 P.M. – Grades K - 4  
5:00 – 5:50 P.M. – Grades 1 - 5  
Session: 6 weeks

Location: Recreation Center  
Begins: January 26<sup>th</sup>  
Class Limit: 12  
Fee: \$85.00\*

All new for winter! This “sweet” class, taught by the owner of Minty H Cupcakes, is perfect for children who want to learn the art of decorating cupcakes. Children will learn, and refine, decorating skills from simple color mixing to the more involved fondant flower-making, coloring frostings and fondants, as well as sugar craft techniques. Imagine their excitement as they work on great winter projects like double-tier snowman cupcakes, snow rainbow fondant, and many more seasonal goodies. And then, at the end of our workshop, the “bakers” will participate in an epic cupcake war where they will be given mystery decorative ingredients and compete, with their teammates help, to become the sweetest winners of this fun challenge! Please send a smock or apron with your child.

**CHECKS MUST BE MADE PAYABLE TO MINA AU**

## DRAWING

Saturday: 11:00 A.M. – 12:00 P.M.  
Ages: 7 – 13 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 28<sup>th</sup>  
Class Limit: 16  
Fee: \$20.00

Learn the fundamentals of basic drawing covering perspective, anatomy, and color. This class is for beginners and intermediate level drawing students. Required supplies include two drawing pencils, an 11" x 14" drawing pad and a set of colored markers. Instructor: Bill Camal

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## DRAWING – INTERMEDIATE/ADVANCED

Saturday: 12:00 – 1:00 P.M.  
Ages: 7 – 13 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 28<sup>th</sup>  
Class Limit: 16  
Fee: \$20.00

Not for beginners, this Intermediate/Advanced Drawing class is for the more experienced student, between the ages of 7-13, who is looking to be challenged. Students will be instructed in drawing techniques that are both complex and developed. They are required to have the artistic ability that will allow them to fully participate in this demanding course. Each week, please bring drawing pencils, an 11 x 14 drawing pad and a set of colored markers to class. Instructor: Bill Camal

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## EXPRESS YOURSELF

Monday: 4:00 – 4:45 P.M. – Kindergarten only  
4:45 – 5:30 P.M. - 1<sup>st</sup> grade only  
Session: 8 weeks

Location: Youth Center  
Begins: January 23<sup>rd</sup>  
Limit per class: 10  
Fee: \$40.00

This creative, fun, interactive class is designed to develop your child's artistic skills by using a varied assortment of art supplies and crafts and by employing exciting art techniques. Enhance your child's understanding of the concepts of form, color and self-expression. Instructor: Dina Pappas.

Please note: **Children should bring a smock to class.**

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## EXPLORER ENGINEERS

Wednesday: 5:15 – 6:00 P.M.  
Ages: Grades K - 4  
Session: 8 weeks

Location: Recreation Center  
Begins: January 25<sup>th</sup>  
Limit per class: 20  
Fee: \$130.00\*

Our 8 week, ALL NEW, winter session will introduce your "junior engineer" to the complex details of Science, Technology, Engineering, and Math (STEM) in a fun and challenging way. Children will be inspired to build on their instinctive curiosity as we teach them engineering concepts through hands-on, project-based ideas and lessons. Designing sling-shot rockets, creating Ferris Wheels, discovering the "attraction" of magnetism, and even engineering an Alaskan pipeline are just some of the amazing assignments they will participate in.

**\*CHECKS MUST BE MADE PAYABLE TO EDUCATION EXPLORERS**

## **GOLF CLINIC BY TGA**

Saturday: 9:30 – 10:30 A.M. – Ages 5 - 8  
10:30 – 11:30 A.M. – Ages 9 - 12  
Session: 6 weeks

Location: Jack Alter Community Center  
Begins: January 28<sup>th</sup>  
Limit per class: 16  
Fee: \$110.00\*

TGA – Premier Junior Golf is the only national after-school junior golf enrichment program. The TGA curriculum utilizes drills and language that make it fun for kids to learn golf. As students advance through the 5-Level program they will learn the basics and fundamentals of the sport, all while being prepared to play on the golf course. Setup, chipping, putting, full swing, and so much more will be taught.

**\*CHECKS MUST BE MADE PAYABLE TO TGA OF BERGEN COUNTY**

## **“KIDZ DO YOU WANT TO BE A POPSTAR?”**

Friday: 4:00 – 4:45 P.M.  
Ages: Grades K – 3  
Session: 8 weeks

Location: Recreation Center  
Begins: January 27<sup>th</sup>  
Limit per class: 15  
Fee: \$100.00\*

This class is geared for all our future “American Idol” contestants who love singing and performing. You will be coached on stage presence, vocal projection and more. Learn how to entertain a crowd and develop skilled body movements that coordinate with the lyrics of age-appropriate songs. Kids will sing and dance and have a chance to “solo” and lead the group! Every student will feel like a “shining star”!

**\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

## **“KIDZ GUITAR ROCKERS”**

Wednesday: 3:45 – 4:30 P.M. **NEW STUDENTS ONLY**  
Ages: 5 – 8 years  
Session: 8 weeks  
Fee: \$200.00 includes a Rogue Guitar to keep. \$125 if child has their own guitar

Location: Jack Alter Community Center  
Begins: January 25<sup>th</sup>  
Limit per class: 7

Guitar playing has become so popular with children! Let us introduce your child to their first guitar instruction and to the world of musical instruments as well! Your mini-musician will learn strumming and picking methods, basic chords and will soon be singing along to their own musical accompaniment! Each child,(who does not already have their own guitar) will work with, and get to keep, their very own Rogue guitar, a very well-respected company in the music field!

**\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

## **“KIDZ PUBLIC SPEAKING”**

Friday: 4:45 – 5:30 P.M.  
Ages: Grades K – 5  
Session: 8 weeks

Location: Recreation Center  
Begins: January 27<sup>th</sup>  
Limit per class: 15  
Fee: \$100.00\*

This class will introduce your children to the art of public speaking, expressing their ideas effectively, respecting others opinions, and “speaking up” for themselves. With a combination of elocution lessons, “acting out” real life situations, and some etiquette reminders, students will have fun and learn to be more confident speakers.

Students will be offered a chance to use a real microphone and learn to engage the audience!

**\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

## **“KIDZ THEATRE FOR THE YOUNG ACTOR AND ACTRESS”**

### **NEW DAY**

**Monday:** 4:00 – 4:45 P.M.  
Ages: Grades K - 5  
Session: 8 weeks

### **NEW LOCATION**

**Location:** Recreation Center  
Begins: January 23<sup>rd</sup>  
Limit per class: 15  
Fee: \$100.00\*

Kidz Theatre offers children the opportunity to explore their imagination, improve their self-confidence, and most importantly experience a fun, rewarding outlet for their creativity. Our aspiring “actors and actresses” will participate in a variety of activities including theatre games, role-playing and more, all designed to develop their focus, vocal projection, and listening / movement skills.

**\*\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

### **\*\*\*NEW CLASS**

### **KIDZ ZUMBA**

### **NEW CLASS\*\*\***

**Monday:** 4:45 – 5:30 P.M.  
Ages: Grades K – 5  
Session: 8 weeks

**Location:** Recreation Center  
Begins: January 23<sup>rd</sup>  
Class limit: 12  
Fee: \$100.00\*

This class is the “FUN AND EASY WAY TO STAY FIT”! Zumba is a fusion of International music, with an emphasis on Latin tunes, that combines choreography with aerobics. With simple, easy to follow Zumba routines, the children will work out to the lively sounds of music and age-appropriate pop songs, leading them to fitness and fun! **\*\*CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

### **MAD SCIENCE**

### **“SUPER POWERED SUB-ATOMIC SCIENCE”**

**Thursday:** 5:00 – 6:00 P.M.  
Ages: 7 – 9 years  
Session: 8 weeks

**Location:** Youth Center  
Begins: January 26<sup>th</sup>  
Class limit: 20  
Fee: \$105.00\*

In this awesome program, the children will explore radical robots and build a robotic hand! Get “connected” as you learn how cell phones work and build your own “wired” model. Mix up some super science fun involving energy and build your own catapult!” All this and more is in store for your child in this fun and educational session.

**Please note:** that although the same program is presented in both Mad Science and Mad Science for Juniors, all projects/experiments will be geared to each specific age group!

**\*CHECKS MUST BE MADE PAYABLE TO MAD SCIENCE OF NORTHEAST NEW JERSEY**

### **MAD SCIENCE FOR JUNIORS**

### **“SUPER POWERED SUB-ATOMIC SCIENCE”**

**Thursday:** 4:00 – 4:45 P.M.  
Ages: 4 - 6 years  
Session: 8 weeks

**Location:** Youth Center  
Begins: January 26<sup>th</sup>  
Class Limit: 20  
Fee: \$100.00\*

**\*\*\*Please note: Due to an overlap of ages, registration for this class begins Saturday, January 7<sup>th</sup>**

Explore radical robots and build a robotic hand! Discover the wild side of animals and underwater life! Mix up some super science fun involving energy! Take apart “crazy” machines and build a catapult! Concoct some awesome chemistry experiments! All this and much more is in store for your child in this fun 8-week session.

**\*CHECKS MUST BE MADE PAYABLE TO MAD SCIENCE OF NORTHEAST NEW JERSEY**

**MARTIAL ARTS**  
**EAST MEETS WEST SELF DEFENSE PROGRAM**

Thursday: 6:30 – 7:30 P.M.  
Ages: 7 – 14 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 26<sup>th</sup>  
Class Limit: 20  
Fee: \$100.00\*

Learn traditional, combined Martial Arts in an organized and controlled environment. This program, taught by certified Black Belt instructor Thomas Luterzo, will teach the students self-defense, discipline and self confidence. Many forms of martial arts will be combined to include the practices of striking and kicking, grappling, submission techniques and throws and sweeps.

PLEASE NOTE: Students are required to independently purchase heavyweight, white belted grappling uniforms for class. There may be an additional minimal fee for certification and belt testing. Please see the instructor for details. \* **CHECKS MUST BE MADE PAYABLE TO THOMAS LUTERZO**

**PING-PONG FUN**

Saturday: 9:30 – 10:25 A.M. Ages 6 – 9 years  
10:30 – 11:25 A.M. Ages 10 – 14 years  
Session: 8 weeks

Location: Recreation Center  
Begins: January 28<sup>th</sup>  
Limit per class: 8  
Fee: \$105.00\*

Welcome to the exciting world of Table Tennis! Imagine a game which allows children to have fun while sharpening their mental skills, concentration and focus! Studies have shown that ping-pong (table tennis) stimulates a child's brain process while also affecting their bodies' developing muscles. Each class is divided into 3 sections for their maximum enjoyment including aerobic exercise with rhythmic music, "Robot Pong" and fun with ping-pong play.

\* **CHECKS MUST BE MADE PAYABLE TO Kiddiegymusa LLC**

**\*\*\*NEW CLASS**

**TEAM MAKERS**

**NEW CLASS\*\*\***

**VIRTUAL GAMES BECOME REALITY – "MINECRAFT-STYLE"**

Monday: 4:00 – 5:00 P.M.  
Ages: Grades 1 - 5  
Session: 8 weeks

Location: Jack Alter Community Center  
Begins: January 23<sup>rd</sup>  
Limit per class: 20  
Fee: \$120.00\*

Using different materials each week, children will build castles, forts and other structures and then "defend" them against the other team. Imaginations and thinking skills are encouraged as they learn to combine both their individual cooperation and leadership abilities in order to finish the project of the day. Games involve building defense structures with giant buckets, moving configurations made of giant Legos or foam blocks to "safe" areas and even constructing a large integrated walkway and then navigating it to reach and defend the other "world".

\***CHECKS MUST BE MADE PAYABLE TO TEAM MAKERS OF NORTH JERSEY**

## TENNIS CLINICS

Wednesday:	3:30 – 4:30 P.M. Grades K – 3 4:30 – 5:30 P.M. Grades 4 – 8	Location: Jack Alter Community Center Begins: January 25 <sup>th</sup> Limit per class: 12
Friday :	3:45 – 4:45 P.M. Grades K - 1 4:45 – 5:45 P.M. Grades 1 & 2 5:45 – 6:45 P.M. Grades 2 & 3	Location: Youth Center Begins: Friday classes – January 27 <sup>th</sup> Limit per class: 6
Saturday:	10:00 – 11:00 A.M. Grades K - 1 11:00 – 12:00 P.M. Grades 1 & 2 12:00 – 1:00 P.M. Grades 2 & 3	Location: Youth Center Begins: January 28 <sup>th</sup> Limit per class: 6

All tennis classes:      Session – 6 weeks    Fee \$115.00\*

This introductory tennis class emphasizes fundamentals, footwork, and fun!!! Free use of rackets during class time or bring your own. Instructors: Barry Ruback and Staff.

**\*PLEASE NOTE: CHECKS MUST BE MADE PAYABLE TO ALL PRO TENNIS**

## WATER COLOR WORKSHOP

Saturday:	10:00– 11:00 A.M	Location: Recreation Center
Ages:	7 – 14 years	Begins: January 28 <sup>th</sup>
Session:	8 weeks	Limit per class: 16 Fee: \$20.00

A class for the child who loves to paint. Learn watercolor techniques, including “dry-brush” and “wet on wet” methods. Students must have an 11 x 14 watercolor pad, a watercolor paint set and brushes to start. Instructor: Award-winning artist Bill Camal

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**



# ADULT CLASSES

**Fort Lee Residents may register for any adult classes beginning Tuesday, January 3<sup>rd</sup>. Proof of residency is required. Registration will take place weekdays from 9AM – 3:30 PM at the Recreation Office located at the bottom of Stillwell Avenue. Non-residents please call the Recreation Office at 201-592-3612 for registration details.**

## ADULT ART WORKSHOP

Thursday:	10:00 A.M. – 12:00 Noon	Location: Recreation Center
Ages:	18 and over	Begins: January 26 <sup>th</sup>
Session:	8 weeks	Limit: 10
		Fee: \$65.00

Study with one of Bergen County's award-winning artists who specializes in pastels, watercolor, and 3-dimensional acrylic art. We will introduce you to a world of creative expression encompassing these distinct art styles. You may choose to participate in one or all three of the art mediums that will be taught. This class is for anyone with a love of art – beginners or the more experienced artist as well. Please note: supply list will be provided at the time of registration. Instructor: Bill Camal

**CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

## BODY SCULPTING

Tuesday and/or Thursday	Location: Jack Alter Community Center
10:00 – 11:00 A.M.	Begins: Tuesday, January 3 <sup>rd</sup>
Ages : 18 and over	Thursday: January 5 <sup>th</sup>
Session: 12 Weeks	Fee: \$135.00 for once a week*
Limit per Class: 25 (Minimum 8)	\$215.00 for twice a week*

Improve your muscle tone and overall appearance through this non-impact strength workout. Increase your physical strength and accelerate your metabolism. Reduce the risk of injuries by developing strong muscles, which helps to protect joints. Bring a mat to class! Weights will be discussed at the first class. Instructor: Ulli Arlt

**\*CHECKS MUST BE MADE PAYABLE TO ULLI ARLT**

## YOGA

Friday:	9:15 – 10:15 A.M.	Location: Jack Alter Community Center
Ages:	18 and over	Begins: January 6 <sup>th</sup>
Session:	12 weeks	Fee: \$120.00*
		Class limit: 25

Yoga strives to find balance in your physical, emotional and spiritual being, improves your body alignment, develops physical strength and more. Join us in this calming class and strengthen your body in a relaxing, non-competitive atmosphere. Please bring a mat to class.

**\*CHECKS MUST BE MADE PAYABLE TO ULLI ARLT**



