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Reopening Plan 2021-2022

Updated March 7, 2022

Introduction

Our Reopening Plan outlines the Fort Lee Public Schools' COVID protocols for the 2021-2022 school year. We will continue to consult with the Fort Lee Health Department and rely on the recommendations of the Centers for Disease Control and Prevention (CDC - www.cdc.gov), the New Jersey Department of Health (NJDOH - www.nj.gov/health), the New Jersey Department of Education (NJDOE - www.nj.gov/education) and the [American Academy of Pediatrics](http://www.aapeds.org) to make adjustments to our plan as needed.

Please note that our plan may fluctuate along a continuum with a fully normal school environment on one end of the continuum, followed by a minimally restrictive, moderately restrictive, and most restrictive environment at the opposite end of the continuum. A fully normal school environment represents what we experienced prior to the COVID-19 health emergency. The most restrictive environment represents a fully remote instructional model. A moderately restrictive environment would include a hybrid instructional model, with all of the health and safety protocols we implemented last school year. The Reopening Plan we are putting forward reflects a minimally restrictive environment. At this point, our plan is to provide full-day, full-time, in-person instruction and operations with the implementation of safety measures that incorporate the most current COVID-19 health guidance. This plan remains fluid and the protocols listed below are subject to change at any time as a result of new information received from State and local health departments and the New Jersey Department of Education as well as the COVID transmission activity in our region and/or schools.

The protocols outlined in this plan are subject to change at any time as a result of new information received from the Center for Disease Control, American Academy of Pediatrics, State and local health departments, and the New Jersey Department of Education.

General Health and Safety Protocols

I. Communication

Fort Lee School District administrators and nurses remain in close contact with Fort Lee Health Department officials to provide information and share resources on COVID-19 transmission, prevention, and control measures and to establish procedures for responding to COVID-19 illness in our school settings.

Updates to the district Reopening Plan will be communicated with families and staff as information is received and evaluated.

II. Masks and PPE

A. As per Governor Murphy’s announcement on February 7, 2022, the Fort Lee School District will make the wearing of masks in schools optional for all students, staff, outside providers, and visitors regardless of vaccination status **starting on March 7, 2022**. Any student, staff member, outside provider, or visitor may continue to wear a mask if they choose.

B. On Friday, February 25, 2022, the CDC lifted their federal order requiring masks on school buses. As per Governor Murphy’s announcement made on Monday, February 28, 2022, the Fort Lee School District will make the wearing of masks optional on its school buses (owned and contracted) for all students, staff, outside providers, and visitors regardless of vaccination status **starting on March 7, 2022**. Any student, staff member, outside provider, or visitor may continue to wear a mask on the district’s school buses (owned and contracted) if they choose.

C. The “gaiter”, bandana type, and masks with ventilators are not acceptable types of face coverings and should not be worn to school.

D. PPE will be provided:

1. Cloth and disposable masks will be available for students, staff members, and outside providers.
2. Nurses and health care assistants will be supplied with gowns, bonnets, and booties.

III. Vaccinations and Testing

A. As per Executive Order 253, signed by Governor Murphy on August 23, 2021, all public, private, and parochial preschool programs, and elementary and secondary schools, including charter and renaissance schools (“covered settings”), must maintain a policy that requires all covered workers to either provide adequate proof to the covered setting that they have been fully vaccinated or submit to COVID-19 testing at minimum one to two times weekly. This requirement shall take effect on October 18, 2021, at which time any covered workers that have not provided adequate proof that they are fully vaccinated must submit to a minimum of weekly or twice weekly testing on an ongoing basis until fully vaccinated.

B. Proof of vaccination will be collected by school nurses, or specified designee, and submitted to the Human Resources Department for recording and filing. Proof of vaccination will be stored with all other medical records in a locked confidential filing cabinet in the Human Resources Department, separate from personnel files. Staff that are not fully vaccinated will be required to submit their weekly test results beginning the week of October 18, 2021. Test results must be

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submitted to school nurses once a week, on Tuesdays, beginning October 19, 2021. If the school nurse is absent, results must be submitted to the Director of Human Resources. Staff members not assigned to school buildings must submit their test results to the Director of Human Resources or specified designee. Each week, all staff members that are not vaccinated need to be tested sometime between the previous Tuesday and the coming Monday. The district is providing on-site testing, at no cost to the employee or district, through the New Jersey Department of Health. Staff members also have the option to get tested by a provider of their choice. Testing will occur outside of professional district responsibilities.

- C. There is no requirement for vaccination by either the State of New Jersey or the Fort Lee Public Schools for students.
- D. There are different quarantine requirements depending on vaccination status. To learn more about these requirements, read Section V, “Isolation/Quarantine Protocols for COVID Exposure and Positive Test Results” below.
- E. The District is now offering free COVID testing for Fort Lee’s students and staff at multiple school locations. More detailed information regarding COVID-19 testing will be provided periodically, as needed. For questions pertaining to COVID-19 testing in our schools, please email covidtesting@flboe.com.
- F. There are multiple locations in our communities providing access to COVID tests and vaccines such as CVS, Walgreens, ACME Pharmacy, Royal Pharmacy, and STAR Pharmacy. Click this link for additional vaccination and testing sites in Fort Lee and neighboring communities: [Fort Lee Health Department COVID Testing and Vaccination Locations](#)
- G. Visit [COVID19.nj.gov](https://www.covid19.nj.gov) to find additional testing sites based on your zip code and the types of tests each site offers.

IV. Social Distancing and Daily Screening Procedures

- A. To the extent possible, a physical distance of 3 feet will be maintained between students.
- B. Signage and markers will be used to promote social distancing in the halls, stairwells and cafeterias.
- C. Individuals will not be required to complete a temperature check when entering the school buildings.
- D. Individuals will not be required to complete a daily COVID symptom screener form. However, it is strongly recommended that individuals stay home when feeling ill.

V. Hand Hygiene and Respiratory Etiquette

- A. Education regarding proper hand washing and respiratory etiquette will continue during the 2021-2022 school year.
- B. Teachers and staff will provide students with opportunities to wash their hands at regular intervals (before eating, after using the bathroom, after blowing their nose/coughing, sneezing, etc).
- C. Soap and/or hand sanitizer will be provided in all classrooms, bathrooms, offices, and common areas.

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- D. In limited cases, an alcohol-based sanitizer or alcohol-based wipes, when there is no visible soiling of hands, will be used as alternatives to hand washing with soap and water under the supervision of a teacher.

VI. Isolation/Quarantine Protocols for COVID Exposure and Positive Test Results

- A. As recommended in *The Road Forward*, students, staff members, and outside providers who experience symptoms related to COVID during the school day will be safely and respectfully isolated from others in a separate location from the nurse’s office and monitored by a Healthcare Assistant.
- B. There will be an air purifier in each isolation area in every school building.
- C. In order to determine if a student, staff member, or outside provider is symptomatic, they must be experiencing:
 - 1. **TWO** of these COVID compatible symptoms: fever of 100 or greater, chills, shivers, muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose

OR

- 2. **ONE** of these COVID compatible symptoms (difficulty breathing, loss of taste, loss of smell, cough, shortness of breath)
- D. A “close-contact” refers to an individual who is within 6 feet of a COVID symptomatic or positive person for more than 15 minutes during a 24-hour period 48 hours prior to the case’s symptom onset or positive test date if there are no symptoms present. However, as per *The Road Forward*, in the K-12 **indoor classroom setting**, the close-contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory confirmed or a clinically compatible illness) where both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time. The exclusion does not apply to teachers, staff, or other adults in the indoor classroom setting.

For determining the timing of a close-contact to a positive COVID-19 case:

- 1. Individuals would only be considered exposed if they had close contact during the case’s isolation period (Days 1-5)
 - 2. Individuals would not be considered exposed during the case’s additional precaution period (Days 6-10)
- E. Individuals who have received their primary series of vaccines (two doses of Pfizer or Moderna **OR** one dose of Johnson and Johnson) **AND** booster shot are considered “up to date” with their COVID-19 vaccines. Individuals who are not yet eligible for their booster shot will be considered up to date with their COVID-19 vaccines until they are eligible. An “up to date” status applies only to quarantine protocols for individuals who have COVID-like symptoms, tested positive for, or who have been exposed to COVID-19.

Individuals are considered up to date with their COVID-19 vaccines based on the following criteria set by the NJDOH and CDC:

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11 years of age or younger:

- 14 days after receiving both doses of a two-dose vaccine

12 years or older:

- 14 days after receiving both doses of a two-dose vaccine **AND** recommended booster shot, if eligible **OR**
- 14 days after receiving a one-dose vaccine **AND** recommended booster shot, if eligible

To allow time for students to catch up with the latest recommendations and to minimize disruption to in-person learning, the Fort Lee School District will wait until **February 1, 2022** to implement quarantine protocols for student ages 12-17 years who have completed their two-dose vaccination series but have not yet received all eligible boosters.

Note: The criteria outlined above are ONLY applicable when determining quarantine protocols for COVID exposure or illness. At this time, they do not apply to travel quarantines or Executive Order 253 which identifies requirements for school employee vaccinations.

Refer to the chart below to determine the appropriate quarantine protocols students, staff members, and outside providers must follow depending on the individual’s up-to-date status. There may be unique scenarios that are not addressed in the chart. In those cases, the district will consult with the local health department to determine the most appropriate response, which may require additional health measures to be taken.

If a student, staff member, or outside provider:	<u>Not Up-to-Date with COVID-19 Vaccines</u>	<u>Up-to-Date with COVID-19 Vaccines</u>
Exhibits COVID-like symptoms	<ul style="list-style-type: none"> ● Notify school nurse or direct supervisor of symptoms ● Quarantine for 5 full days after symptom onset ● Strongly recommended to get tested after symptom onset <u>with a laboratory confirmed</u> COVID-19 viral test (PCR or rapid) ● If test result is negative, it is recommended to do the following: <ul style="list-style-type: none"> ○ See a healthcare provider for an alternative diagnosis ○ Symptomatic individuals who are close contacts of a confirmed 	<ul style="list-style-type: none"> ● Notify school nurse or direct supervisor of symptoms ● Quarantine for 5 full days after symptom onset ● Strongly recommended to get tested after symptom onset <u>with a laboratory confirmed</u> COVID-19 viral test (PCR or rapid) ● If test result is negative, it is recommended to do the following: <ul style="list-style-type: none"> ○ See a healthcare provider for an alternative diagnosis ○ Symptomatic individuals who are close contacts of a confirmed

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	<p>COVID-19 case, should be tested with a <u>PCR test that provides laboratory confirmed results</u></p> <ul style="list-style-type: none"> • Home-based tests are not recommended • Individuals must have improvement of symptoms that includes no fever for at least 24 hours without the use of fever-reducing medications to return on Day 6 of symptom onset • Negative test results and alternative diagnosis may be submitted to the school nurse or direct supervisor • It is strongly recommended to mask on Days 6-10 	<p>COVID-19 case, should be tested with a PCR test that provides laboratory confirmed results.</p> <ul style="list-style-type: none"> • Home based tests are not recommended • Individuals must have improvement of symptoms that includes no fever for at least 24 hours without the use of fever-reducing medications to return on Day 6 of symptom onset • Negative test results and alternative diagnosis may be submitted to the school nurse or direct supervisor • It is strongly recommended to mask on Days 6-10
Tests positive for COVID	<ul style="list-style-type: none"> • Notify school nurse or direct supervisor of the test result • Isolate for 5 full days from symptom onset or the date of the positive test if no symptoms are present • Individuals must have improvement of symptoms that includes no fever for at least 24 hours without the use of fever-reducing medications to return on Day 6 of symptom onset or date of positive test • On Days 6-10, it is strongly recommended to continue masking 	<ul style="list-style-type: none"> • Notify school nurse or direct supervisor of the test result • Isolate for 5 full days from symptom onset or the date of the positive test if no symptoms are present • Individuals must have improvement of symptoms that includes no fever for at least 24 hours without the use of fever-reducing medications to return on Day 6 of symptom onset or date of positive test • On Days 6-10, it is strongly recommended to continue masking
Is an asymptomatic close-contact of someone who tests positive for COVID	<ul style="list-style-type: none"> • Notify school nurse or direct supervisor immediately • Quarantine for 5 full days after last known exposure • Recommended to get tested at least 5 days after last known exposure <u>with a laboratory confirmed</u> COVID-19 viral test (PCR or rapid) unless close-contact has confirmed COVID-19 in the last 90 days and has subsequently recovered • Return on Day 6 if close-contact remains asymptomatic or tests negative • Negative test results may be submitted to the school nurse or direct supervisor • It is strongly recommended to mask for a full 10 days • On Days 6-10, it is strongly recommended to monitor for symptoms 	<ul style="list-style-type: none"> • Quarantine not required as long as the individual remains asymptomatic • Recommended to get tested at least 5 days after last known exposure <u>with a laboratory confirmed</u> COVID-19 viral test (PCR or rapid) unless close-contact has confirmed COVID-19 in the last 90 days and has subsequently recovered • Monitor for symptoms for 10 full days after exposure • Follow isolation protocols for vaccinated individuals if COVID compatible symptoms develop or test is positive
Is a close-contact	<ul style="list-style-type: none"> • Notify school nurse or direct supervisor 	<ul style="list-style-type: none"> • Quarantine not required as long as the

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<p>of a household member who tests positive for COVID</p>	<p>immediately</p> <ul style="list-style-type: none"> ● 10 day quarantine: <ul style="list-style-type: none"> ○ If the household member with COVID-19 <u>remains isolated from the individual and masked through Day 10</u>, the individual may return to school/work on Day 11 ○ Recommended to get tested with a <u>laboratory confirmed PCR or rapid test</u> between days 5-17 after the last exposure ○ It is strongly recommended to continue masking on Days 11-20 from last exposure ○ Monitor for symptoms for 20 days following last exposure ○ Follow isolation protocols if COVID-like symptoms develop or if test result is positive. ● 15 day quarantine: <ul style="list-style-type: none"> ○ If the household member with COVID-19 <u>CANNOT remain isolated from the individual and masked through Day 10</u>, the individual will need to quarantine through the ill individual's 10-day isolation period plus 5 additional days after the last exposure date ○ Recommended to get tested with a <u>laboratory confirmed PCR or rapid test</u> between days 5-17 after the last exposure date ○ Monitor for symptoms for up to 20 days following last exposure ○ Follow isolation protocols if COVID-like symptoms develop or if test result is positive ● Individuals who tested positive for COVID-19 with a laboratory confirmed PCR or rapid viral test within the previous 90 days and have subsequently recovered and remain asymptomatic do NOT need to quarantine. These individuals should: <ul style="list-style-type: none"> ○ It is strongly recommended to mask for 5 days after exposure ○ Monitor for symptoms ○ Follow isolation protocols if 	<p>individual remains asymptomatic</p> <ul style="list-style-type: none"> ● Recommended to see a healthcare provider and get tested within days 5-17 of exposure. ● Monitor for symptoms for 10 days after exposure ● Follow isolation protocols for vaccinated individuals if COVID compatible symptoms develop or test is positive
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	<p>COVID-like symptoms develop</p> <ul style="list-style-type: none"> ○ Individuals will be asked to provide documentation of the positive test result. ○ Home-based test results that are <u>not laboratory confirmed</u> will not be accepted. 	
Is a close-contact of a household member exhibiting COVID compatible symptoms	<ul style="list-style-type: none"> ● Quarantine for 5 days OR until symptomatic household member receives <u>a laboratory confirmed (PCR or rapid) negative test result. Home-based tests will not be accepted.</u> ● If the symptomatic household member tests positive or does not test, follow the quarantine time frame above for household close contact 	<ul style="list-style-type: none"> ● Quarantine is not required as long as the individual remains asymptomatic ● Monitor for symptoms for 10 days following the last exposure date ● Follow procedures for vaccinated individuals who exhibit symptoms of COVID if symptoms develop
Is exposed within 90 days of recovery from COVID	<ul style="list-style-type: none"> ● Quarantine is not required as long as individual remains asymptomatic ● A laboratory confirmed viral PCR or rapid test will need to be submitted to the school nurse or direct supervisor 	<ul style="list-style-type: none"> ● Quarantine is not required as long as individual remains asymptomatic
Is a secondary contact of someone who tested positive for COVID	<ul style="list-style-type: none"> ● Quarantine is not required ● Monitor and report any symptoms that develop to the school nurse or direct supervisor 	<ul style="list-style-type: none"> ● Quarantine is not required ● Monitor and report any symptoms that develop to the school nurse or direct supervisor
Is a close-contact of someone who is symptomatic	<ul style="list-style-type: none"> ● Quarantine is required if the close-contact is a sibling or household member of the symptomatic individual AND until the symptomatic individual receives a negative COVID test result ● Monitor and report any symptoms that develop to the school nurse or direct supervisor 	<ul style="list-style-type: none"> ● Quarantine is not required ● Monitor and report any symptoms that develop to the school nurse or direct supervisor

VII. Contact Tracing

- A. The building principal and the school nurse must be notified as soon as possible if a student, staff member, or outside provider tests positive for COVID, was exposed to someone who tests positive for COVID, or is experiencing COVID compatible symptoms.
- B. The school nurse will conduct the contact tracing and notify all close-contacts of confirmed positive COVID cases in the school building.
- C. A “close-contact” refers to an individual who is within 6 feet of a COVID symptomatic or positive person for more than 15 minutes during a 24-hour period 48 hours prior to the case’s symptom onset or positive test date if there are no symptoms present. However, as per *The Road*

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Forward, in the K-12 **indoor classroom setting**, the close-contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory confirmed or a clinically compatible illness) where both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time. The exclusion does not apply to teachers, staff, or other adults in the indoor classroom setting.

For determining the timing of a close-contact to a positive COVID-19 case:

1. Individuals would only be considered exposed if they had close contact during the case's isolation period (Days 1-5)
 2. Individuals would not be considered exposed during the case's additional precaution period (Days 6-10)
- D.** Upon receipt of notification of a positive test result of a student, staff member, or outside provider, the school nurse and/or principal will contact the Fort Lee Health Department.

VIII. Outbreaks

- A.** Schools must report single COVID-19 positive cases to their local health department. Local health departments will work with our schools to determine if there is a COVID-19 outbreak.
- B.** During an outbreak, the district may reinstate the wearing of masks and/or consider a temporary transition of affected cohorts to remote learning if a high number of cases is preventing timely contact tracing and exclusion and a short-term transition to remote learning is needed to allow for such actions to occur.
- C.** Decisions to reinstate additional health measures and transition cohorts to remote learning will be made in consultation with the local health department based on individual circumstances.

IX. Cleaning and Disinfection

- A.** The district will continue to adhere to current required cleaning practices and procedures to maintain healthy facilities.
- B.** All spaces will continue to be cleaned daily by the custodial department using electrostatic spray applicators and botanical disinfectant.
- C.** High touch areas (i.e. railings and door handles) will be cleaned periodically throughout the day.
- D.** Each classroom and office will be supplied and replenished when needed with the following:
 1. Peroxide wipes
 2. Botanical disinfectant
 3. Hand sanitizer
 4. Paper towels

X. Transportation

- A.** Bus companies have been informed about recommended guidelines to follow by the NJ Department of Education and CDC. These include the following:
 1. Bus drivers and aides will be reminded to wash their hands frequently
 2. Bus companies are required to clean and sanitize their buses
- B.** All buses will be cleaned and sanitized daily.
- C.** Before the start of the school year, bus drivers will be trained on how to properly spray/wipe down areas with disinfectant once students exit the bus.

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- D. Eating and drinking will not be permitted on buses.
- E. Bus drivers will be supplied with hand sanitizer as well as disposable gloves, peroxide wipes, botanical disinfectant, and paper towels to clean in between bus routes.
- F. Windows will be open during bus routes to provide ventilation, weather permitting.
- G. Siblings will be seated together on buses where possible.
- H. Students will be assigned seats on buses.

XI. Facilities

- A. Touchless faucets will be installed in all bathrooms by the end of August.
- B. Automatic flushometers will be installed for all toilets and urinals by the end of August.

XII. Ventilation and Improving Air Flow

- A. In order to maintain appropriate air quality standards, univent filters will be changed quarterly.
- B. Filters for A/C units will be maintained and changed according to manufacturer recommendations.
- C. Air purification devices, known as iWave units, will be installed in all school buildings including all classrooms, small group instruction rooms, offices, and hallways to implement a layered approach to improving air quality in our facilities.

Travel

I. Quarantine Protocols After Travel

A. Domestic Travel:

NOTE: As per the New Jersey Department of Health, domestic travel is defined as travel lasting 24 hours or longer to states or US territories other than contiguous states (i.e., Pennsylvania, New York, Delaware).

Unvaccinated	Vaccinated
<ul style="list-style-type: none"> • Quarantine is not required. • It is recommended to get tested with a viral test (PCR or rapid) 3-5 days after travel. Home-based tests may be used for screening after travel. → If your test is positive, isolate yourself to protect others from getting infected. • If COVID compatible symptoms develop, follow isolation protocols. 	<ul style="list-style-type: none"> • Quarantine is not required. • Self-monitor for COVID-like symptoms. • If COVID compatible symptoms develop, follow isolation protocols.

B. International Travel:

Unvaccinated	Vaccinated
<ul style="list-style-type: none"> • Quarantine for a full three days. • Get tested with a viral test (PCR or rapid) 3-5 days after travel. Home-based tests may be 	<ul style="list-style-type: none"> • Get tested with a viral test (PCR or rapid) 3-5 days after travel. Home-based tests may be used for screening after travel.

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<p>used for screening after travel.</p> <p>→ If your test is negative, you are able to go back to school after submitting negative test results and travel documentations.</p> <p>→ If your test is positive, isolate yourself to protect others from getting infected.</p> <p>→ If you don't get tested, stay home and self-quarantine for 10 days after travel.</p> <ul style="list-style-type: none"> ● If COVID compatible symptoms develop, follow isolation protocols. ● Individuals who tested positive for COVID-19 with a <u>laboratory confirmed</u> positive rapid or PCR viral test within the previous 90 days and have subsequently recovered and remain asymptomatic do NOT need to quarantine. Individuals will be asked to provide documentation of the positive test result. 	<ul style="list-style-type: none"> ● If your test is negative, self-monitor for COVID symptoms. ● If COVID compatible symptoms develop, follow isolation protocols. ● If your test is positive, isolate yourself to protect others from getting infected. ● Vaccinated individuals do not need to await test results to return to school or work.
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Instruction and Program

I. Schedules and Attendance

- A. Students will return to school for their regular full-day instructional program in September, with all traditional bell schedules, programs, and extracurricular activities in place, provided that regulations do not prevent us from doing so.
- B. Unless otherwise instructed, students will report to their assigned classes at their respective school per the daily bell schedule and the approved school calendar for the 2021-2022 school year.
- C. Board of Education policies and regulations relative to attendance will remain in effect.

II. Classroom Practices

- A. Regular interactions that take place in a classroom (i.e. small group instruction, collaborative group work, laboratory activities) will take place during the school day.
- B. Teachers will continue to post assignments, notices, and classroom materials on Google Classroom or Seesaw (Grades K-2 only).

III. Lunch

- A. Lunch will be administered in building cafeterias. Additional indoor spaces **may be** utilized to reduce the number of students in the cafeteria, **if possible**.
- B. Certified staff members will be assigned to locations to supervise students during lunch.
- C. Additional substitutes will be hired to supplement regular staff and provide adequate coverage.
- D. For grades K-6, lunch will be separated into sessions: one for eating and one for recess.
- E. Areas will be cleaned prior to a new group of students entering the eating area.
- F. Lunch will be served in individually wrapped containers.
- G. Students may drink from their personal water bottles as water fountains will remain closed.
- H. Filling stations will remain open for students to refill their water bottles.

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IV. Remote Instruction and Remote Work

As per NJDOE guidance issued on August 11, 2021, “where an individual student, group of students, or entire class(es) are excluded from school due to meeting the NJDOH’s COVID exclusion criteria, LEA’s (Local Education Agency) are strongly encouraged to immediately provide virtual or remote instruction to those students in a manner commensurate with in-person instruction.” Therefore:

- A. There will not be an option to select remote instruction this school year.
- B. Remote instruction will ONLY be made available to students who are required to quarantine due to COVID exposure whether it be as a result of a positive test, or a close-contact situation.
- C. Remote instruction will commence after an individual positive COVID test result is provided to the school nurse, or consultation with the school nurse determines that a student is a close-contact of an individual who tested positive for COVID.
- D. Remote instruction will be provided through a live-stream of lessons and activities. Physical education which will be provided via asynchronous instruction. Students will access Physical Education assignments via Google Classroom or Seesaw.
- E. Remote instruction will be accessible via a unique link that will be provided to students. Each school building will establish their individual protocol for communicating with parents and students about remote instruction.
- F. Teachers will use a digital platform, i.e., Google Classroom or Seesaw to post assignments, instructional materials, and notices.
- G. Depending on their assignment, staff may be able to work remotely if they are required to quarantine due to COVID exposure.
- H. The district is prepared to transition to full-remote or a hybrid mode of instruction in the event a decision is made to close/quarantine a class/grade/school or the district due to a declared state of emergency, declared public health emergency, or a directive and/or recommendation by the State or local health department.

Mental Health and Social-Emotional Wellness of Students and Staff

I. Programs and Services for Students

- A. All counseling services, including those that are offered before and after school will continue to be provided in the 2021-2022 school year.
- B. The administration and staff will continue to be available to assist individuals and families in need of referrals for mental health assessments and treatment.
- C. The guidance department will continue to conduct student wellness surveys for students in all grade levels.
- D. The district will implement a series of programs across all grade levels to address student mental health and wellness which will include the following:
 - 1. The Flow and Grow curriculum for grades K-4
 - 2. Reboot curriculum for grades K-8
 - 3. Kid Grit curriculum for identified students in grades 7 and 8
 - 4. Timothy Schumacher’s Raising Resiliency Program for students in grades 7-12
 - 5. Dr. Michael Fowlin’s presentation to the 10th grade class

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6. Additional assemblies will occur in all school buildings focusing on various mental health topics, social-emotional wellness, positive affirmation, and character as well as leadership development.
- E. Training will be made available to staff members to assist with identifying and helping students who are experiencing mental health or addictions challenges or are in crisis.
- F. Our Student Assistance Coordinator (SAC) will be trained as an instructor in Teen Mental Health First Aid which will allow the district to provide additional staff members with this training in subsequent years.
- G. The Guidance Department will provide a parent portal of resources that will be accessible on our website.
- H. Trained staff are ready to assist. Please contact your school's principal for more information or to express a concern.

II. Programs and Services for Staff

- A. To ease staff anxiety, each school will discuss concerns surrounding the start of the school year. The topics will include but are not limited to social distancing in classrooms, disinfecting plans, substitute process, COVID testing, a quarantine process, and reporting COVID 19 diagnosis.
- B. Time and space will be provided for staff members to process traumatic events, re-establish connections with each other, and receive support to promote healing.
- C. We will continue to identify mental and behavioral resources and encourage faculty and staff to use these services.
- D. The following resources are always available to our staff members:
 1. Free access to headspace App through Pure Edge <http://go.headspace.com/pureedge/>
 2. Free access to on demand educator focused stress relief webinars through Pure Edge <https://pureedgeinc.org/pure-community-webinars/#on-demand>
<https://pureedgeinc.org/mindful-mondays-3/>
<https://www.mindfulschools.org/back-to-school/>
- E. Mental health and social-emotional wellness resources are also available to staff through the Human Resources department.